

Fox-26 Grocery Tracker		KROGER, 5150 Buffalo Spdwy (@Westpark)				
Brand/Detail		Jan 7 2011	Oct 3 2011	Feb 7 2012	4 mo. Change (Since Oct. '11)	13 mo. Change (Since Jan '11)
<b>BASIC DOZEN</b>						
Iceberg Lettuce	each	0.99	1.28	1.19	-7.0%	20.2%
Ground Chuck, 80/20	1 lb.	2.18	2.83	3.29	16.3%	50.9%
White Granulated Sugar	Imperial, 4 lbs.	2.79	2.59	2.99	15.4%	7.2%
Creamy Peanut Butter	Jif, 28 oz.	3.79	3.99	4.99	25.1%	31.7%
Corn Flakes	Kellogg's, 24 oz.	3.19	3.43	3.43		7.5%
Whole Milk	1 Gal. (store brand)	3.18	3.48	3.48		9.4%
Eggs	Eggland's Best, 1 doz. Large	2.59	2.79	2.79		7.7%
Dog Food	Kibbles & Bits, Original, 19.36 lbs	11.48	13.18	13.18		14.8%
Laundry Detergent	Tide, powder, 70 oz.	8.99	13.11	17.48	33.3%	94.5%
Sandwich Bread	Orowheat Oatnut, 1 lb. 8 oz.	4.19	4.39	3.25	-26.0%	-22.4%
Orange Juice	Tropicana, 59 oz.	2.48	2.94	2.99	1.7%	20.6%
Rice	Minute Rice, 14 oz.	2.19	1.99	2.29	15.1%	4.6%
<b>BASIC DOZEN TOTALS</b>		<b>48.04</b>	<b>56.00</b>	<b>61.35</b>	<b>9.6%</b>	<b>27.7%</b>

Fox-26 Grocery Tracker		HEB, 2660 Fountainview (@Westheimer)				
Brand/Detail		Jan 7 2011	Oct 3 2011	Feb 7 2012	4 mo. Change (Since Oct. '11)	13 mo. Change (Since Jan '11)
<b>BASIC DOZEN</b>						
Iceberg Lettuce	each	0.99	1.28	1.14	-10.9%	15.2%
Ground Chuck, 80/20	1 lb.	2.78	2.98	2.98		7.2%
White Granulated Sugar	Imperial, 4 lbs.	2.48	2.54	2.54		2.4%
Creamy Peanut Butter	Jif, 28 oz.	3.29	3.29	4.19	27.2%	27.2%
Corn Flakes	Kellogg's, 24 oz.	3.71	3.57	3.52	-1.5%	-5.1%
Whole Milk	1 Gal. (store brand)	3.28	3.48	3.48		6.1%
Eggs	Eggland's Best, 1 doz. Large	2.50	2.21	2.36	6.8%	-5.6%
Dog Food	Kibbles & Bits, Original, 19.36 lb	12.64	11.98	10.96	-8.5%	-13.3%
Laundry Detergent	Tide, powder, 70 oz.	7.89	11.55	11.55		46.4%
Sandwich Bread	Orowheat Oatnut, 1 lb. 8 oz.	2.88	2.96	2.98	0.7%	3.5%
Orange Juice	Tropicana, 59 oz.	2.98	2.94	2.94		-1.3%
Rice	Minute Rice, 14 oz.	1.89	1.99	1.98	-0.5%	4.8%
<b>BASIC DOZEN TOTALS</b>		47.31	50.77	50.61	-0.3%	7.0%

Fox-26 Grocery Tracker		WALMART, 2727 Dunvale (@ Westheimer)				
Brand/Detail		Jan 7 2011	Oct 3 2011	Feb 7 2012	4 mo. Change (Since Oct. '11)	13 mo. Change (Since Jan '11)
<b>BASIC DOZEN</b>						
Iceberg Lettuce	each	0.94	0.98	1.12	14.3%	19.1%
Ground Chuck, 80/20	1 lb.	2.48	2.58	2.98	15.5%	20.2%
White Granulated Sugar	Imperial, 4 lbs.	2.54	2.54	2.54		
Creamy Peanut Butter	Jif, 28 oz.	3.08	3.18	3.98	25.2%	29.2%
Corn Flakes	Kellogg's, 24 oz.	2.78	3.42	3.42		23.0%
Whole Milk	1 Gal. (store brand)	2.78	3.48	3.48		25.2%
Eggs	Eggland's Best, 1 doz. Large	2.38	2.36	2.78	17.8%	16.8%
Dog Food	Kibbles & Bits, Original, 19.36 lb	11.48	11.98	13.18	10.0%	14.8%
Laundry Detergent	Tide, powder, 70 oz.	7.97	11.78	11.55	-1.9%	44.9%
Sandwich Bread	Orowheat Oatnut, 1 lb. 8 oz.	2.48	3.38	2.98	-11.8%	20.2%
Orange Juice	Tropicana, 59 oz.	2.92	3.08	3.08		5.5%
Rice	Minute Rice, 14 oz.	1.72	1.84	2.12	15.2%	23.3%
<b>BASIC DOZEN TOTALS</b>		43.55	50.60	53.21	5.2%	22.2%

Fox-26 Grocery Tracker		3 Store Average					4 mo. Change (Since Oct. '11)	13 mo. Change (Since Jan '11)
		Jan 7 2011	Oct 3 2011	Feb 7 2012				
Brand/Detail								
<b>BASIC DOZEN</b>								
<b>Iceberg Lettuce</b>	<b>each</b>	<b>0.97</b>	<b>1.08</b>	<b>1.15</b>	<b>6.2%</b>	<b>18.2%</b>		
<b>Ground Chuck, 80/20</b>	<b>1 lb.</b>	<b>2.48</b>	<b>2.80</b>	<b>3.08</b>	<b>10.3%</b>	<b>24.3%</b>		
<b>White Granulated Sugar</b>	<b>Imperial, 4 lbs.</b>	<b>2.60</b>	<b>2.56</b>	<b>2.69</b>	<b>5.2%</b>	<b>3.3%</b>		
<b>Creamy Peanut Butter</b>	<b>Jif, 28 oz.</b>	<b>3.39</b>	<b>3.82</b>	<b>4.39</b>	<b>14.8%</b>	<b>29.5%</b>		
<b>Corn Flakes</b>	<b>Kellogg's, 24 oz.</b>	<b>3.23</b>	<b>3.47</b>	<b>3.46</b>	<b>-0.5%</b>	<b>7.1%</b>		
<b>Whole Milk</b>	<b>1 Gal. (store brand)</b>	<b>3.08</b>	<b>3.48</b>	<b>3.48</b>		<b>13.0%</b>		
<b>Eggs</b>	<b>Eggland's Best, 1 doz. Large</b>	<b>2.49</b>	<b>2.45</b>	<b>2.64</b>	<b>7.7%</b>	<b>6.2%</b>		
<b>Dog Food</b>	<b>Kibbles &amp; Bits, Original, 19.36 lb</b>	<b>11.87</b>	<b>11.71</b>	<b>12.44</b>	<b>6.2%</b>	<b>4.8%</b>		
<b>Laundry Detergent</b>	<b>Tide, powder, 70 oz.</b>	<b>8.28</b>	<b>11.10</b>	<b>13.53</b>	<b>21.8%</b>	<b>63.3%</b>		
<b>Sandwich Bread</b>	<b>Orowheat Oatnut, 1 lb. 8 oz.</b>	<b>3.18</b>	<b>3.34</b>	<b>3.07</b>	<b>-8.0%</b>	<b>-3.6%</b>		
<b>Orange Juice</b>	<b>Tropicana, 59 oz.</b>	<b>2.79</b>	<b>2.99</b>	<b>3.00</b>	<b>0.6%</b>	<b>7.5%</b>		
<b>Rice</b>	<b>Minute Rice, 14 oz.</b>	<b>1.93</b>	<b>1.94</b>	<b>2.13</b>	<b>9.8%</b>	<b>10.2%</b>		
<b>BASIC DOZEN TOTALS</b>		<b>46.30</b>	<b>50.74</b>	<b>55.06</b>	<b>8.5%</b>	<b>18.9%</b>		